



Camps

St. Michaels University School

Spring 2024

Calendar and Program Guide





Camps

Multi-Racquet Sports Camp

Campers will participate in various racquet sports throughout the week, including tennis, squash, table tennis, badminton and pickleball. This program will allow campers to try different racquet sports within a friendly camp environment. With our experienced coaches, they will get excellent foundational knowledge within each sport. Join us for this exciting new SMUS Camp program.

Mar. 18 - 22	9:00 am - 4:00 pm	9 - 14 y/o	\$ 350
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Fashion Design & Sewing Combo Camp

Explore the creative space that intersects art and sewing. Students will learn various sewing and fibre art techniques as they complete several engaging projects to take home. Learn industry-standard fashion design techniques in technical drawing and illustration, gain valuable tips on replicating different fabric textures, and develop their familiarity with an extensive amount of vocabulary related to styles and design elements found in apparel.

Students will discover how designers find inspiration all around them and apply this knowledge to develop their own thematic collection of fashion designs using a variety of art mediums.

Mar. 18 - 22	9:00 am - 4:00 pm	10 - 14 y/o	\$ 410
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Discovery Camp

Get ready for an unforgettable week of excitement and adventure this spring! Join us for a jam-packed schedule of fun-filled games, thrilling outdoor activities, and creative arts and crafts. Our team of experienced staff will lead your child through a dynamic camp experience that's sure to leave them with memories that last a lifetime. Each week the camp is tailored to offer new and exciting experiences to ensure everyone stays engaged! Sign your child up for an enriching spring break with SMUS Camps.

Mar. 18 - 22	8:30 am - 4:00 pm	5 - 8 y/o	\$ 350
Mar. 25 - 28	8:30 am - 4:00 pm	5 - 8 y/o	\$ 280

[Register Now](#)





Camps

Rising Leaders - Leadership & Training Program

Rising Leaders is a unique leadership and training program designed to prepare youth ages 14-17 years old for working as a camp leader in any day camp setting.

The combination of workshops, activities, and real life practice will equip participants with the confidence and skills necessary to contribute to a fun, engaging and meaningful camp environment. Students will have the opportunity to put theory into practice by assisting in other day camps throughout the week. Topics such as leadership, boundaries, conflict resolution, group dynamics, stages of child development and much more will be covered throughout the week. A camp designed to train you for camp!

Mar. 25 - 28	8:30 am - 4:00 pm	14 - 17 y/o	\$ 360
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Foundations in Robotics and Programming

This course aims to get learners up and running in the incredible and vast world of robotics. Learners explore the fundamental concepts of electronics, programming, and design, all while applying their new knowledge through guided projects designed to transform their creative visions into fantastic, autonomous creations. Within the familiar LEGO ecosystem, learners are able to forget the homework and get straight to creating!

Mar. 18 - 22	9:00 am - 3:00 pm	11 - 14 y/o	\$ 375
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Squash Camp

Advanced & Intermediate Squash

This is fun and motivating, with a specific focus on developing strong fundamentals including technique, movement, and match tactics. Intermediate is for players who have played squash before but not in a competitive setting. Advanced is for provincial level players and higher, with a focus on technique and tactics while under pressure.

Mar. 25 - 28	9:00 am - 12:00 pm	11 - 13 y/o	\$ 185
Mar. 25 - 28	1:00 - 4:00 pm	14 - 17 y/o	\$ 185

[Register Now](#)





Rex Spring Break Basketball Camp

Whether you are brand new to basketball or have already found your passion for the game, we have a diverse coaching staff tailored to train players of all skill levels. The coaching staff consists entirely of current and former collegiate and varsity players who create a positive, fun, and safe environment.

The week will be challenging and require hard work as we focus on skills and drills, but it's well balanced with fun and competitive gameplay. Included in the program is a premium camp shirt along with the opportunity to win tons of prizes and awards! This camp is always quick to fill up and you don't want to miss a week with this coaching staff, be sure to register quickly to ensure your spot is reserved.

Mar. 18 - 22	9:00 am - 3:00 pm	8 - 11 & 12 - 14 y/o	\$ 375
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Spring Break Regional Development Camps

Volleyball BC is excited to invite athletes 13-16U to register for Regional Development Camps. If you are looking to grow your skills and increase your volleyball IQ while having lots of fun, these camps are for you! Athletes attending our Regional Development Camps will have the opportunity to learn from experienced coaches, and be exposed to developmentally appropriate high performance volleyball concepts. To increase your advantage over your competition, register today! For more information at volleyballbc.org/regional-development-camps-2/

Mar. 25 - 29	9:00 am - 12:00 pm	Males 13 - 16u	\$ 350
Mar. 25 - 29	1:00 pm - 4:00 pm	Females 13 - 16u	\$ 350



Contact Our SMUS Camps Team Today

Register at smuscamps.campbrainregistration.com

Phone: 250-370-6117 | Email: externalprograms@smus.ca

3400 Richmond Road, Victoria, BC Canada V8P 4P5

smus.ca/camps