



Camps

St. Michaels University School

Winter 2023/24

Calendar and Program Guide





Camps

Squash Camp

Intermediate Squash

This is fun and motivating, with a specific focus on developing strong fundamentals including technique, movement, and match tactics. For players who have played squash before but not in a competitive setting. Racquets and safety glasses are provided.

Dec. 18 - 22	9:00 am - 12:00 pm	11 - 13 y/o	\$ 230
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Advanced Squash

This camp will be specially designed for provincial level players and higher, with a focus on technique and tactics while under pressure.

Dec. 18 - 22	1:00 - 4:00 pm	14 - 17 y/o	\$ 230
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Discovery Camp

Welcome to our Discovery Camp! We'll be taking your children on a journey filled with outdoor adventures, indoor games, activities, arts and crafts, and more. Campers will also explore a local park or attraction on an exciting off-campus trip. Our dedicated and experienced staff will be there to guide and supervise every step of the way. Don't let your kids miss out on this exciting opportunity for fun and discovery!

Dec. 18 - 22	8:30 am - 4:00 pm	5 - 7 & 8 - 10 y/o	\$ 300
Jan. 2 - 5	8:30 am - 4:00 pm	5 - 8 y/o	\$ 240

After Camp Care

At 3:00 pm or 4:00 pm when camp is over, your camper will be escorted to the After Camp Care space where qualified staff will engage them in activities and games until 5:30 pm.

Jan. 2 - 5	3:00 - 5:30 pm	5 - 8 y/o	\$ 40
Jan. 2 - 5	4:00 - 5:30 pm	5 - 8 y/o	\$ 25



SIVA Volleyball Camp

South Island Volleyball (SIVA) is teaming up with collegiate volleyball players to offer all genders a creative educational and skill-development volleyball camp. Whether you are brand new to Volleyball or have already found your passion for the game, you are perfect for this program. We have a diverse coaching staff eager to train players of all skill levels. The coaching staff is made up of current and former college players who strive to create a positive, fun, and safe environment. Included in the program is a premium camp shirt along with the opportunity to win tons of prizes and awards!

Dec. 27 - 30	9:00 am - 3:00 pm	11 - 14 y/o	\$ 260
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Rex New Year Basketball Camp

Whether you are brand new to basketball or have already found your passion for the game, we have a diverse coaching staff tailored to train players of all skill levels. The coaching staff consists entirely of current and former collegiate and varsity players as well as high school coaches. All of our coaches strive to create a positive, fun, and safe environment for all of our campers.

The week will be challenging and require hard work as we focus on skills and drills, but it's well balanced with fun and competitive gameplay. Included in the program is a premium camp shirt along with the opportunity to win tons of prizes and awards! We are feeling generous and will be ordering DOUBLE the amount of prizes this holiday season! It is a great way to keep playing basketball and see your friends over the holidays!

Jan. 2 - 5	9:00 am - 3:00 pm	8 - 11 & 12 - 14 y/o	\$ 260
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Contact Our SMUS Camps Team Today

Register at smuscamps.campbrainregistration.com

Phone: 250-370-6117 | Email: externalprograms@smus.ca

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smus.ca/camps